

ASSESSING LEVELS OF SELF-EFFICACY AMONG FAMILY CAREGIVERS OF PATIENTS WITH CANCER

Laila I. Al-Daken¹ & Muayyad M. Ahmad²

¹Research Scholar, Faculty of Nursing, Zarqa University, Jordan

²Professor, Department of Clinical Nursing, Faculty of Nursing, The University of Jordan, Jordan

ABSTRACT

Background: Family caregivers (FCs) play a substantial role in supporting and managing patients with cancer. Self-efficacy is investigated as an essential prerequisite for FCs providing optimum patient care.

Purpose: This study was aimed at assessing the levels of self-efficacy among FCs of patients with cancer in Jordan.

Methods: A descriptive study was conducted among FCs. A total of 125 participants was recruited from two major hospitals in Jordan. Of those who were recruited only 111 participants completed the: 1) FCs' Demographical Data; and 2) Arabic Version of Self-Efficacy Scale (SES).

Results: The mean total score of self-efficacy for FCs was 61.3 (SD= 19.9) and the mean score of self-efficacy for pain management, symptom management, and function subscales were 58.0 (SD= 22.6); 62.9 (SD= 19.7); 65.8 (SD= 23.2) respectively.

Conclusions: Levels of self-efficacy and its associated factors need to be investigated in order to adjust supportive and educational care for FCs according to these levels and enhance a better caregiving role among FCs of patients with cancer.

KEYWORDS: Cancer, Family Caregivers, Self-Efficacy

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